

Personal Information Form:

Thank you for filling out this form! The personal nature of these questions is understood. Please be assured that the completed forms are kept in strict confidence.

Name:

Address:

Street:

City:

Zip Code:

Email:

Phone:

Emergency Contact:

Insurance Coverage:

Energetic well being practices and holistic services such as Sound Therapy, Biofield Balance, and Subtle Energy Tuning may be covered by your insurance provider - please check with your insurance provider to determine if they cover such services.

It is your responsibility as the client to obtain reimbursement from the insurance provider. If a receipt for services is required for submission to your insurance provider, please ask and one will be provided.

I consent to my personal information being kept on file with Rae Warde & Sound Being:

Signature

Date

Informed Consent:

There are risks and benefits associated with participation in any energetic method or technique. While impossible to anticipate all risks and/or benefits, it is our obligation to alert clients that such risks and benefits are possible. Rae Warde is not certified in California in any energetic therapies, including sound therapy, as no certification of that nature exists in the state of California. Rae Warde has undertaken continuing professional development study, but is not a licensed physician. Any and all energy therapy, or other information or engagement is for relaxation purposes only and is not meant to replace medical care nor is it meant to replace the care of a licensed physician.

Risks

In all physical activity or engagement within energetic techniques, it is important that you take care of yourself. Please make sure to stop any engagement during a session if you feel pain. It is your responsibility to know your boundaries and limits and not go beyond them.

Working with this energetic technique may bring up feelings of sadness, anger, fear, or anxiety. These feelings may be more apparent because you are being encouraged to pay attention to them as they arise. You are encouraged to stop at any point that these feelings are uncomfortable. A feeling of “detoxing” may occur after a session. It is important to drink water and rest if possible. Consult a physician if any unusual or uncomfortable symptoms arise. This energetic technique is for relaxation purposes only.

Benefits

Although there is **no guarantee of benefit**, these energetic techniques may have physical and mental health benefits, primarily that of relaxation.

I have read and understand the above risks and benefits and give my consent to participate in the Sound Being energetic techniques offered.

If you have a pre-existing psychological condition, a history of abuse, drug use or addiction, or trauma these reactions can be heightened, and this energetic technique is not recommended without first consulting a physician.

Energy techniques and practices can be an adjunct, but not a substitute, to professional care. Please be sure to read the contraindications list, to consult your doctor, and to inform us about any pre-existing conditions that may limit your participation.

Signature

Date

Sound Being Contraindications and Disclaimer:

While all attempts have been made to verify information given in any instruction and to provide appropriate methods in any energetic techniques engaged in, Rae Warde is not a licensed physician and assumes no responsibility for errors, omissions, or contrary interpretation of the subject matter, or of the energy techniques provided.

We do not claim to cure, diagnose or heal any ailment. This information and any “energetic technique” is meant strictly for the purpose of relaxation and stress relief only. The energetic techniques used are not licensed by the state of California. They are complementary to other methods such as massage or Reiki, but in no way replace medical care. Rae Warde has various certificates in Continuing Professional Development (CPD) such as sound therapy, subtle body anatomy, and holistic health practices, but has no licensed status in the state of California for any medical or mental health care as such.

The energetic techniques as practiced use principles of micro-vibrational physics, physio-electric alignment, biofield balance, energy healing, intention, and sound therapy - using both weighted and unweighted tuning forks. The practice is intended for relaxation and is not meant as medical care, nor is it meant to replace the care of a licensed physician.

This information is not meant as a substitute for personal medical advice or professional medical care. You are encouraged to share this with your physician. If you have worrisome symptoms or conditions, contact a physician immediately.

I acknowledge that I have read, and understand the contraindications and disclaimer. I have consulted with a doctor, especially if any contraindications are present, and I take full responsibility for my health and any engagement in this energetic therapy as relaxation.

****Energetic Techniques such as Sound Therapy, Biofield Balancing, and Subtle Energy Tuning are NOT a substitute for proper medical diagnosis and treatment. The practice may not be suitable or recommended for those individuals with certain conditions (see contraindications below). I, the client assume the risk of all energetic therapeutic methods. I release Rae Warde from any and all liability claims.***

Print Name & Signature

Date

CONTRAINDICATIONS FOR SOUND HEALING AND ENERGETIC TECHNIQUES:

CAUTIONS AND WARNINGS:

The use of sound therapy instruments directly on the body during pregnancy are NOT recommended, especially not within the first 12 weeks of pregnancy. After the first trimester, a physician should be consulted in order to proceed with sound therapy.

Sound therapy is not indicated for those with epileptic seizure disorder. A physician *must be consulted in any case of epilepsy* to ensure one is in no danger of seizure from sound vibrations.

Please consult a physician before sound therapy if you have a history of psychological conditions, abuse, drug addiction or trauma.

CONTRAINDICATIONS:

Sound therapy instruments are not recommended for use:

- On any deep vein thrombosis in the leg or known thrombi
- On open wounds
- On acute inflammations and tumors
- Directly on or above a pacemaker or defibrillator*
- Directly on or anywhere in the immediate area of a metallic implant
- Post surgery before sutures have been removed and scar is not fully healed or closed
- Around the neck in the case of carotid atherosclerosis

The following people should consult their doctor before the first use of sound therapy or biofield balancing:

- *Pregnant women in the 2nd or 3rd trimester*
(Sound therapy not indicated for 1st trimester)
- Those with carotid stenosis (prior to application in the area of the carotid artery/larynx)
- Those with cardiac pacemakers, artificial heart valves, or cardiac arrhythmias
- Those with a stent OR a shunt*
- Those with a deep brain stimulation device (DBS)
- Those with epileptic seizure disorder/ epilepsy

The sound therapy instruments must not be used directly on:

- Implants (or near implants until they have completely healed)
- Screws
- Artificial joints
- Inflamed joints and veins
- Skin, in the case of inflammatory skin disorders including weeping eczema
- Diseased veins
- The stomach or back of a pregnant woman

Treatment should not commence until at least three days after injury for:

- Whiplash

**A minimum distance of 8 inches should be kept between a sound therapy instrument and any implanted heart pacemaker, stent or shunt.*